

INFORMATION FOR

**YOUNG LIONS I:  
SCOTLAND**

@YOUTHALIVEGB

We are so excited about you coming to Young Lions this year and are believing you will have an encounter with Jesus that will impact you for years to come! Here is all the information you need to prepare for coming.

## ARRIVAL TIMES

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The Young Lions Weekend is at **Lendrick Muir, Rumbling Bridge, Kinross KY13 0QA.**

Registration opens at **19:00** so please arrive from then. Dinner is **not provided** at the centre on the Friday night, so please ensure you've eaten before you arrive.

The first weekend session is at 20:45 so you'll have time to settle and complete any initial tasks required of you. If you're coming late because of work/etc, please make every effort to ensure that you're there by 20:30 at the latest.

The final session finishes at 15:00 on the Sunday so if you're being collected by someone, they can arrive from 15:15 for pickup although if you are going home with one of your leaders you may have to leave a little later as we will need to debrief with them.

## ACCOMMODATION

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Young Lions is a bootcamp style weekend for young leaders. You will find out where you are staying upon arrival and will be in a room of around 4-6 people of the same sex and a similar age. No under 18's will be placed in rooms with over 18's. We have to inform the centre of the room arrangements due to fire procedures so please ensure you do not switch rooms when there. There are showers available in shared bathrooms.

You **do not** need to bring bedding as this is provided by the centre.

# FOOD

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We will be providing breakfast, lunch & dinner on Saturday and breakfast & lunch on the Sunday. If you have an allergy, you will have filled this in on the initial form you completed and the kitchen staff will take this into consideration.

# KIT LIST

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Here is a list of the things you will need to bring with you at the weekend:

- Warm clothes
- Outdoor clothes - Our outdoor session; 'The Stretch' is outside so you will need shoes and clothes that you don't mind getting dirty, this is for all years.
- Spare 'indoor' footwear
- Bible and notepad - you will have a lot to write down as the programme is very busy.
- Money - an offering will be taken on the Sunday towards the work of Young Lions. There's no pressure to give but if you would like to, we'd encourage you to plan and pray ahead!
- Towel & Toiletries

# PROGRAMME

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Our programme is intentionally intense and full and there is little down time so you need to be ready to dig deep and find energy to get you through this bootcamp experience. The programme is a mixture of keynote sessions, coaching groups and year group sessions along with the Saturday morning 'stretch' which will hopefully encourage you out of your comfort zone and help you learn about team work and resilience!

# COACHING GROUPS

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You will be put in a coaching group relevant to the year group you are in with 5-6 other young people from different churches. You will meet with this group regularly and each group will be led by a coach who is a youth leader from one of the churches represented at the weekend. That coach is there to help encourage and support you so if there is anything you need throughout the weekend, have a chat to them and they will be able to help you. Your coach will be making notes throughout the weekend as they will be filling in a report form which will be sent to your youth pastor after the weekend.

There is also a year group lead who oversees all the coaches so if there is anything you are concerned about and don't feel you can chat to your coach, you can speak to them. They are as follows;

Year 1: Mark Morrison & Avia Cockburn

Year 2: David Smith & Nikita Mcguire

Year 3: Heather Smith & Gregor Mckay

# SAFETY / SAFEGUARDING

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## SAFEGUARDING

All leaders and coaches carry enhanced PVG checks undertaken either through Assemblies of God or, if they are registered to the update service, with another organisation which will be checked. Prior to the event our leaders will have met with the safeguarding lead who will go through some of the key things they will need to know.

For the weekend the safeguarding leads are: Hannah Williamson (Young Lions Lead) and Stewart Elman (Youth Alive Director). The leaders will know who they are and will be asked to go to them if anything of a safeguarding nature arises.

Should a young person disclose anything of a safeguarding nature to their coach, the coach will be expected to go to one of the two above people.

## FIRST AID

There will be a minimum of 2 first aiders on site for the weekend. They will be made known to both coaches and young people on the first night of the weekend. The centre provides first aid bags for us to use and any time there is an accident or emergency this will be logged. The first aiders, as well as relevant coaches will be aware of any medical needs throughout the weekend.

## EXPECTATIONS

Young Lions is a leadership development bootcamp and so we have a high expectation of the young people attending. As a guideline, some basic rules are as follows;

- We expect young people to attend all programmed activities.
- We expect young people to show respect to one another and to leaders/coaches throughout the weekend.
- We expect appropriate behaviour between young people including not going into the rooms of those of the opposite sex.
- We expect no use of alcohol or drugs throughout the weekend including no smoking or vaping.
- We expect young people to abide by the curfew set at night.

## SAFETY

The centre we are using has risk assessments and appropriate safety procedures in place including fire procedures for the weekend. We also have risk assessments and procedures in place to ensure the safety of all the young people and leaders while on the premises. We will also be operating under the Centre's Public Liability Insurance as well as having our own insurance as Assemblies of God.

# AFTER THE WEEKEND

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We would encourage you to take some time after the weekend to reflect on what you have learnt. As the weekend is very full there is little 'down time' and so we would encourage you to find some time after the weekend to spend time with Jesus processing as well as speaking through what you have learnt with your youth pastor/leader.

The coaches will be writing a report relevant to your year group which will be sent out to your youth pastor a month after the event. Your youth pastor will then be able to share this with you and go through it. We would encourage you to have an open mind towards this, taking what you can from it to learn. The coaches only have a snapshot over the weekend of who you are so may not be able to get everything accurate but there is always something to learn!

# A NOTE TO PARENTS

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Parents, if you need to get in touch over the weekend, please contact the youth pastor/leader from your church who is attending and they should be able to help you! It is essential that we have a consent form from you if your son/daughter is under the age of 18 - you can access that [here](#)

You should be able to find all the information here or on the website but if you do need to know anything further please speak to your youth pastor or email [young.lions@aoggb.com](mailto:young.lions@aoggb.com).

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